COMPETENCY BASED UG CURRICULUM for Indian Medical Graduate
# TIME-TABLE: TEACHING SCHEDULE 02 SEP 2019 - 10 FEB 2020

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# Time-Table: Teaching Schedule 11 Feb 2020 - 31 July 2020

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FOUNDATION COURSE
ARMED FORCES MEDICAL COLLEGE

FOUNDATION COURSE
ARmed Forces medical college, pune
## 1ST WEEK (ORIENTATION WEEK)

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<tr>
<td>01 Aug 2019</td>
<td>Physical Training (PT)</td>
<td>Ice breaking &amp; Address by Dean &amp; Dy Comdt</td>
<td>* Brief of College &amp; Armed Forces *AFMC movie</td>
<td>Recess</td>
<td>History of Medicine &amp; Alternate Health care system(meditation, yoga nidra , yoga sensitisation)</td>
<td>Overview of MBBS pgme</td>
<td>Lunch</td>
<td>Anti Ragging Policy</td>
<td>Enhancement of Language-1</td>
<td>Break</td>
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<td>02 Aug 2019</td>
<td>Physical Training (PT)</td>
<td>AFMC Campus walk: Know your college</td>
<td>Introduction to 1st year subjects &amp; Depts. (30 minutes each to Anatomy, Physiology, Biochemistry &amp; Comm Med)</td>
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<td>Physical Training (PT)</td>
<td>National Health Priorities &amp; Policies</td>
<td>Professional Qualities &amp; Physician’s role in society</td>
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<td>Health care delivery system in our country</td>
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<td>05 Aug 2019</td>
<td>Physical Training (PT)</td>
<td>Visit to Teaching Depts, Skill Lab &amp; Medical Research Unit (MRU)</td>
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<td>Interpersonal relationships</td>
<td>Expectations of society &amp; peers from doctors: Interactive session</td>
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<td>Concept of Biosafety</td>
<td>Comptr Skills -2</td>
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<td>Principles of primary health care</td>
<td>Use of IT</td>
<td>Keen observation is key to success for Medical Students</td>
<td>Introduction to College Code of Conduct</td>
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<td>Universal precautions &amp; vaccinations</td>
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<td>Introduction to Clubs &amp; Societies of AFMC</td>
<td>Healthy lifestyle incl prudent diet, role of exercise and safe sexual practices</td>
<td>Introduction to Clubs &amp; Societies of AFMC</td>
<td>Coping skills against smoking, alcohol, Other addictions</td>
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<td>Introduction to Research</td>
<td>Comptr Skills-3</td>
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<td>Simulation Based Learning -1</td>
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<td>Recess</td>
<td>Simulation Based Learning -2</td>
<td>Comptr Skills 5-6</td>
<td>Break</td>
<td>Sports -7</td>
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<td><strong>22 Aug 2019</strong>&lt;br&gt;17th day</td>
<td>Physical Training (PT)</td>
<td>Commitment to lifelong learning as part of Physicians growth</td>
<td>Reflective Session: Music as a healer</td>
<td>Recess</td>
<td>Demonstration of college communication Movie</td>
<td>Consequences of unethical &amp; unprofessional behaviour</td>
<td>Lunch</td>
<td>Enhancement of Language-14-15</td>
<td>Sports -11</td>
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<td><strong>23 Aug 2019</strong>&lt;br&gt;18th day</td>
<td>PT</td>
<td>Privileged communication</td>
<td>Importance of Documentation &amp; Medical Records</td>
<td>Professional Development including Ethics: An Introspection Movie III</td>
<td>Reflection &amp; discussion on relevant aspect of ethics depicted in the movie</td>
<td>Comptr Skills -12</td>
<td>Break</td>
<td>Sports -12</td>
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<td><strong>24 Aug 2019</strong></td>
<td>Holiday/Janmashtami</td>
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<td><strong>27 Aug 2019</strong>&lt;br&gt;20th day</td>
<td>PT</td>
<td>Needle/Scalpel stick injury</td>
<td>Introduction to Health care workers &amp; their role</td>
<td>Learning from &amp; communication with patients &amp; families</td>
<td>Peer assisted learning</td>
<td>Comptr Skills 13-14</td>
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<td><strong>28 Aug 2019</strong>&lt;br&gt;21st day</td>
<td>PT</td>
<td>Hospital Visit</td>
<td>Role modelling</td>
<td>Students involvement in research</td>
<td>Enhancement of Language-18-19</td>
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<td>Teaching hours Recommended by College based on working days in August 2019</td>
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<td>Experience sharing by faculty &amp; senior Cadets</td>
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<td>Importance of Physical &amp; Mental Health</td>
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